

**PREGNANCY RISK ASSESSMENT MONITORING SYSTEM (PRAMS)
TABLES FOR ALCOHOL, TOBACCO, AND MENTAL HEALTH**

Survey results of samples of Missouri women after having a live birth:

	2010	2009	2007
ALCOHOL			
Binge Alcohol Use (4 or More Drinks on One Occasion) During 3 Months Before Pregnancy (%)	28.0	30.7	
Any Alcohol Use During 3 Months Before Pregnancy (%)	57.7	58.6	57.7
Any Alcohol Use During Last 3 Months of Pregnancy (%)	5.2	4.8	4.5
Change in Drinking from 3 Months Before Pregnancy to Last 3 Months of Pregnancy (%)			
Non-Drinkers	42.1	41.4	42.3
Drinkers	57.9	58.6	57.7
Drinkers Who Quit, Among Total Sample	52.7	53.8	53.2
Drinkers who Reduced Number of Drinks	3.8	2.1	2.7
Drinkers who Increased or Maintained Same Number of Drinks	1.2	2.6	1.8
Non-Drinkers Who Began or Resumed Drinking	0.2	0.0	0.0
Drinkers who Quit During Pregnancy, Among Drinkers Only (%) *	91.0	91.8	92.2
TOBACCO			
Tobacco Smoking During Three Months Before Pregnancy (%)	33.5	35.2	31.7
Tobacco Smoking During Last Three Months of Pregnancy (%)	16.7	18.9	18.4
Change in Smoking from 3 Months Before Pregnancy to Last 3 Months of Pregnancy (%)			
Non-Smokers	66.7	64.6	68.3
Smokers	33.3	35.4	31.7
Smokers Who Quit, Among Total Sample	16.6	16.4	13.4
Smokers Who Reduced Number of Cigarettes Per Day	11.1	11.1	12.2
Smokers Who Increased or Maintained Same Number of Cigarettes Per Day	5.7	7.7	6.1
Non-Smokers Who Began or Resumed Smoking	0.0	0.2	0.0
Tobacco Smokers Who Quit During Pregnancy, Among Smokers Only (%) *	49.7	46.6	42.1
MENTAL HEALTH			
Anxiety During 3 Months Before Pregnancy (%)	13.4	13.1	
Depression During 3 Months Before Pregnancy (%)	13.1	13.6	

Data Source:

U.S. Department of Health and Human Services, Centers for Disease Control and Prevention: Pregnancy Risk Assessment Monitoring System.
Accessed from: <http://apps.nccd.cdc.gov/cPONDER/default.aspx>

* Indicates calculated values

Blank data cells indicate data not collected or available.